FACTS
INDOOR TANNING

20 minutes spent in an indoor tanning bed may equal 2-3 hours in the noontime sun.

Women younger than 30 are six times more likely to develop melanoma if they tan indoors.

Researchers estimate that indoor tanning may cause upwards of 400,000 cases of skin cancer in the U.S. each year.

Even ONE indoor tanning session can increase users' risk of developing melanoma by 20%.

Using indoor tanning beds before age 35 can increase your risk of melanoma by 59%.

More people develop skin cancer because of tanning than develop lung cancer because of smoking.

EXCESSIVE exposure to UV radiation during indoor tanning can lead to PREMATURE skin aging, immune suppression, eye damage, and OCULAR MELANOMA.

"I JUST WANTED TO BE POPULAR."

Allison Bailey, Age 20
Melanoma Survivor
Boston, MA

Allison's indoor tanning bed use caused her to develop skin cancer at the age of 20. She was diagnosed with melanoma after noticing some unusual moles on her legs. She began tanning as a teenager.